OCTAGON



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A Monthly Newsletter for the Residents of the Octagon Towers Condominium

June 2020

OCTAGON TOWERS CONDOMINIUM

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OFFICE HOURS

Mondays..... 7:00am - 12:00pm Tuesdays..... 1:00pm - 5:00pm Wed. and Fri. 8:00am - 1:00pm Thursdays..... 3:00pm - 7:00pm



Miami-Dade County Beaches Reopened Wednesday, June 10, 2020



Miami-Dade County Mayor Carlos Gimenez announced that beaches can reopen on Wednesday, June 10th. Please keep in mind the following guidelines as you prepare for some much awaited fun in the sun:

BEACH GUIDELINES

Beginning Wednesday, June 10, beaches will be open seven days a week from 7 am - 8 pm. The reopening of the beach is a coordinated effort among all coastal cities in Miami-Dade County. Enforcement is a shared responsibility of the County, coastal municipalities, condominiums, and hotels. We urge everyone to follow the guidelines in place by the County to ensure the success of the reopening.

Miami-Dade County's guidelines for the beach are extensive and can be found in the <u>Miami-Dade County New Normal Handbook</u>. Below are some of the key guidelines.

KEY HEALTH PROTOCOLS

- No groups of more than 10 people will be permitted
- All beachgoers must have a facial covering available and ready to use at all times; beachgoers must be able to show their mask upon request by local authority
- Facial coverings must be worn when social distancing of 6 feet cannot be achieved, except for members of the same household
- Facial coverings are not required for:
 - o Children under 2 years old, following CDC guidelines
 - o Persons who have trouble breathing due to a chronic pre-existing condition; persons who are not able to remove face coverings without assistance or on their own

Beaches Open (cont. from page 1)

- o Persons involved in strenuous activity
- o While in the ocean
- Facial coverings must be worn in restrooms and when at concessions
- Facial coverings that are wet are ineffective (beachgoers should bring an additional clean and dry face covering to replace a face covering that becomes wet or dirty)
- Social distancing is not required for family members who reside together, up to a maximum of 10 people
- · Beachfront restrooms
 - Access to restrooms is limited to maintain 6 feet of separation between individuals
 - o Restrooms will be cleaned and disinfected every 2 to 3 hours

ACTIVITIES ALLOWED

- Walking
- Jogging
- Swimming
- Sunbathing or sitting on chairs/towels
- Eating among members of the same household (up to 10 people)

ACTIVITIES NOT PERMITTED

• No groups larger than 10 persons can congregate

- No shared equipment among people from different households
- No canopies/tents
- No organized or group activities involving groups of 2 or more
- No special events, including group picnics
- · No dogs or pets on the beach
- No fishing on the beach

KEY CONDOMINIUM / HOTEL CONCESSIONS GUIDELINES

- Concession furnishings / beach chairs / umbrellas / beach equipment provided by concessionaries and hotels and residential buildings
 - o Distancing of at least 6 feet for patrons not of the same household
 - o Towels must be changed and used towels sent for laundering after each guest use
- Furnishings must be cleaned and disinfected after each guest use
- Food sales pursuant to New Normal restaurant guidelines
- Jet-ski, chair, umbrella, and towel rentals pursuant to CDC recommendations and New Normal parks guidelines





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GRILLING FOOD SAFELY

Nothing beats an outdoor barbeque! Make sure that you and your family are safe this summer every time you grill.

- ☐ Wash your hands before doing any food preparation.
- ☐ Keep every utensil and all cutting surfaces clean. Wash and sanitize cutting boards after cutting meat, poultry, or fish.
- ☐ Thaw foods in the refrigerator completely before grilling. Never thaw food on the countertop.
- Marinate meats in the refrigerator. Once the food is placed on the grill, discard excess marinade. Do not use this leftover marinade to baste food. To use leftover marinade as a sauce on cooked food, it must be brought to a rolling boil for several minutes before serving.
- Use a thermometer to check on the internal temperature of cooked meats. Beef should be cooked to at least 145 degrees, pork to 160 degrees, and poultry to 170 degrees. Ground meat should be cooked to 160 degrees.
- Transfer cooked foods from the grill to a clean plate or platter. Do not place cooked foods on a surface that has held raw meats.
- ☐ If food is left out for more than two hours, it should be discarded.









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