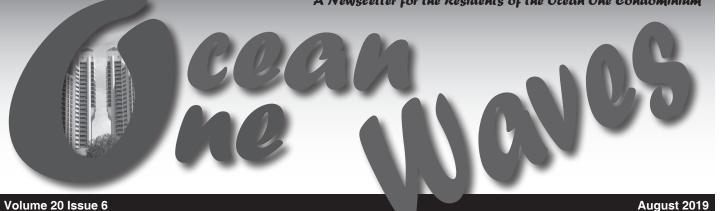
A Newsletter for the Residents of the Ocean One Condominium



OCEAN ONE Condominium Association 19333 Collins Avenue

Sunny Isles Beach, FL 33160

BOARD OF DIRECTORS President..... Tamara Benson benson_tamara@hotmail.com Vice Pres. Mr. John Durante catjohn345@aol.com Treasurer Mr. Lewis Thaler mrtennislt@aol.com Secretary.....Dr. Moises Malowany moises123@vahoo.com Director Hellen Soriano sorcentral@gmail.com

OCEAN ONE CONTACT LIST Management Office

Phone Line 1 305-931-1232 :
Phone Line 2 305-931-8732 :
Monique Perez pm@oceanone194.com
Britney Pugh apm@oceanone194.com :
Front Desk
Phone Line 1 305-931-9840
Phone Line 2 305-918-0638 :
E-mail frontdesk@oceanone194.com
Receiving
Phone 305-931-9883 :
receiving@oceanone194.com
Maintenance Supervisor
George Masten 305-931-5386:
maintenance@oceanone194.com

CONTRIBUTING EDITOR Hellen Soriano .. sorcentral@gmail.com.



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President's Message

Dear fellow residents.

8-year contract with Atlantic Our Broadband, our cable TV and internet provider, expires mid next year. During the time this contract has been in place, there have been major technological developments in the industry, more specifically transition from coaxial to fiber optic cable for the delivery of television, internet and telephone services.



Because of the new technology, as well as the fact that these contracts with providers require a long term commitment (usually 8-10 years), Board members, members of the Property Committee, Management and an independent consultant hired to lead us through the selection process, have begun the task. During the past weeks, we have been interviewing Fiber Optic providers of TV, Internet, Phone, and Security technology to review all their offerings. We will eventually narrow the field to 3 finalists from which we will select what will be the best, most beneficial contract for the Association. Some of our evaluation criteria are number of channels provided, internet speed, customer service and, price per unit.

The transition to fiber will require full rewiring of the building with fiber optic cable as well as placement of new equipment (modems and receivers) within each apartment. This initial investment by the provider is what requires such a long term commitment on our part. Therefore, we must evaluate and weigh all the different offerings carefully before we sign a contract.

Prior to doing so, we also need to know what the expectations of our residents are regarding their TV and internet services. With that in mind, our Management Office has created a survey that has been emailed to all owners. If you have not done so already, please ensure that you fill it out and return it to the office as soon as possible; your requirements will be *Continued on page 2*

President (cont. from page 1)

added to our list of selection criteria. The Board would like to have as much information as possible before selecting a provider and committing to a long term contract.

It is our intent to select a vendor November 1, 2019. Running of the fiber cable throughout the building and installation of equipment within the individual units will require 4-6 months, with the new contract going into effect July 1, 2020. We will keep you informed.

The Painting and Waterproofing Project is still underway. Previously, work was focused on the sides of the building (North & South sides), but now is shifting to the front and back of the building (East & West sides). This has required us to erect protective covering around the upper pool deck exit doors and the area around the cafe. There have been several complaints that the area now looks like jail, that it is too confining and that it detracts from our beautiful view, etc. Please understand that our painting contractor insists on these safety measures in order to keep the area accessible to residents, and that these measures are for your protection. Our alternative would be to seal off all those areas and close the cafe for as long as necessary, and no one would be happy with that.

Therefore, we ask you for your patience during these difficult times. You may be assured that the final results will please us all.

Respectfully,

Tamara Benson



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Meet Your Staff - Stanley Bissainthe, Rover and Front Desk

By Hellen Soriano



Stanley Bissainthe is 18 years old and was born in Haiti. He has been living in Florida with his father, grandma, brother and sister for the past three years. His mother is still in Haiti and Stanley hopes she will be able to join the rest of the family in about one more year. His father took care of all the paperwork, passports and planning before the family's move to the United States but he did not let his children know about these plans until about two weeks before they were scheduled to depart. His thoughts were that he wanted to keep his family's emigration plans a secret in order not to elicit jealousy amongst their neighbors and friends. He did not want the news of their imminent departure to spread until they were ready to leave.

Since his arrival in Miami, Stanley has finished 11th and 12th grade in North Miami Senior High School and has enrolled in nursing school at Miami Dade College. He is excited about this degree which should take him 2 years to obtain. He likes helping people and hopes this career will open up a brighter future for him. Before joining Marksman and coming to work at Ocean One he was working at the Port of Miami for SMS, one of the cruise lines. His job was to check people in and make sure they all had the required documentation to travel before boarding the ship.

On December 15, 2018 he came to work at Ocean One. His main responsibilities as a rover are to make sure that all gates and doors are closed and to keep an eye out for any suspicious activity. He also covers some shifts at the front desk, taking care of all of our residents' needs as well as those of the people that come to visit us.

In his free time, he enjoys going out with friends and going to the movies. He also plays a lot of videogames.





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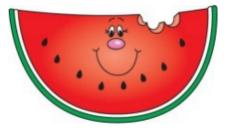
Wonders of Watermelon

August 16th is National Watermelon Day! Wondering how to choose the best watermelon you can find? Look for a firm, symmetrical melon, free from bruises, cuts, and dents. Thumping a watermelon won't tell you as much as simply picking one up. A good watermelon will be heavy for its size. The underside should have a creamy yellow spot, indicating that it sat on the ground and ripened in the sun. Watermelons are great tasting treats for hot summer days. Try the recipe below!

WATERMELON POPSICLES

- 3 cups watermelon juice
- 1/2 cup sugar 2 teaspoons fresh lemon juice
- 1/2 cup water

Cut watermelon into cubes and rub through a strainer to remove seeds. In saucepan mix together sugar and water; simmer 3 minutes. Remove from heat; stir in watermelon juice and lemon juice. Turn into 2 ice trays. Freeze until very mushy and insert a popsicle stick in each cube. Freeze.









Treats they Won't Give Away

It's back to school time! Below is a delicious and healthy treat to add to your child's packed lunch.

- 2 cups rolled oats
- 3/4 cup packed brown sugar
- 1/2 cup wheat germ
- 3/4 teaspoon ground cinnamon
- 1 cup all-purpose flour
- 3/4 cup raisins (optional)
- 3/4 teaspoon salt
- 1/2 cup honey
- 1 egg, beaten
- 1/2 cup vegetable oil
- 2 teaspoons vanilla extract
- •
- 1. Preheat the oven to 350 degrees F (175 degrees C). Generously grease a 9x13 inch baking pan.

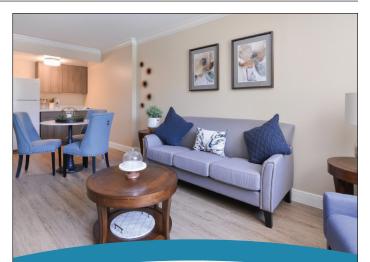


2. In a large bowl, mix together the oats,

brown sugar, wheat germ, cinnamon, flour, raisins and salt. Make a well in the center, and pour in the honey, egg, oil and vanilla. Mix well using your hands. Pat the mixture evenly into the prepared pan.

3. Bake for 30 to 35 minutes in the preheated oven, until the bars begin to turn golden at the edges. Cool for 5 minutes, then cut into bars while still warm. Do not allow the bars to cool completely before cutting, or they will be too hard to cut.

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