

NIRVANA

NEWS & VIEWS



A Newsletter for the Residents of The Nirvana Condominium Associations 1, 2, 3, 4, 5. Inc.

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Nirvana

Condominium Association, Inc.
703 NE 63 Street
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www.nirvanacondos.net

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OFFICE HOURS

Monday-Friday ...8:00 AM - 5:00 PM

COVID-19 SCAMS

Unfortunately, even in times of national emergencies when most of us will come together to help one another; criminals will still try to find a way to steal your hard-earned money and personal information.

SCAM #1

Law enforcement has already begun to see trends in which subjects are calling victims and claiming to be with a government agency such as the IRS or Health Department. These scammers are claiming that they need to verify your personal information such as name, date of birth, social security number, and mailing address in order to send out a stimulus check. Please do not verify any information as no government agency will call you unsolicited and ask you to provide your personal information over the phone.

SCAM #2

Some scammers are calling or showing up at victim's front doors claiming to be able to offer home test kits and/or vaccines for COVID-19. There are **NO** home test kits or FDA approved vaccines for COVID-19 at this time. Please do not provide any credit card payment information or money to these scammers. If they show up at your front door please contact the police department immediately.

SCAM #3

Scammers are calling pretending to be with the State Department or other government agency and claiming that a relative of the victim has been diagnosed with COVID-19 but is stuck somewhere out of the country. The scammers claim the victim must send money to either facilitate the return of their relative to the United States and/or to provide food and lodging to the relative until they can return. This is also a scam please do not wire any funds to any stranger.



Administrative Professionals (Secretary's) Day

Administrative Professional's Day: April 22, 2020

Administrative Professional's Week: The last full week in April - April 19-25, 2020

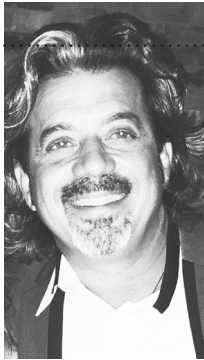
National Professional Secretaries Week and National Secretary's Day was created in 1952 through the work of Harry F. Klemfuss of Young and Rubicam. Klemfuss recognized the importance and value of the secretarial position, to a company or business and to management. His goal in creating this special day was to encourage more women to become secretaries. (Nowadays, that would be both women and men). Using his skill and experience in public relations, Klemfuss, promoted the values and importance of the job that secretaries do. In doing so, he also created the holiday in recognition of the importance of secretaries.



The name of this special day has changed and evolved over the past few decades. Yet, the importance of recognizing these vital individuals has continued to grow. The two new terms in use today are: "Administrative Professionals" and "Executive Administrators (or Admins)". The two names sometimes mean different roles and responsibilities in different companies and organizations. Both are broader terms that encompass more positions than the original "Secretary" role.

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Spinach & Potato Frittata

Frittatas are excellent for Easter brunch and any Passover meal, because they're not reliant on grains in any way and can be totally flexible to accommodate leftovers. This recipe is Easter-appropriate, Passover-approved, and an excellent ways to celebrate spring.

- 2 tablespoons olive oil
- 6 small red potatoes, sliced
- 1 cup torn fresh spinach
- 2 tablespoons sliced green onions
- 1 teaspoon crushed garlic
- salt and pepper to taste
- 6 eggs
- 1/3 cup milk
- 1/2 cup shredded Cheddar cheese

Heat olive oil in a medium skillet over medium heat. Place potatoes in the skillet, cover, and cook about 10 minutes, until tender but firm. Mix in spinach, green onions, and garlic. Season with salt and pepper. Continue cooking 1 to 2 minutes, until spinach is wilted. In a medium bowl, beat together eggs and milk. Pour into the skillet over the vegetables. Sprinkle with Cheddar cheese. Reduce heat to low, cover, and cook 5 to 7 minutes, or until eggs are firm. Serves 6.




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