Mystic Pointe Tower 100 Newsletter



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Volume 10 Issue 7

A Monthly Newsletter for the Residents of Mystic Pointe Tower 100

September 2020

MYSTIC POINTE TOWER 100

19195 Mystic Pointe Drive Aventura, Florida 33180

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OFFICE HOURS

Mon. - Fri...8:30 am-5:00 pm *Closed for lunch*...12:15-1:15pm



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HURRICANE SEASON 2020

Multiple tropical storms have already formed in the Atlantic this year, but the peak of the hurricane season typically doesn't begin until August and lasts into early October. It's also when some of the most powerful and destructive hurricanes occur. These hurricanes in the past three years all struck during the peak of the season.



Several factors contribute to the seasonal ramp-up that begins in August:

- African easterly waves are most developed, often serving as a seed for tropical storms and hurricanes to form.
- Saharan air layers, surges of dry air into the central and eastern Atlantic Basin
 that normally squelch tropical development in those areas, tend to give way
 by August as the parade of African easterly waves gradually add moisture.
 This effectively opens up more favorable real estate for tropical cyclone
 development.
- Wind shear, the change in wind speed and/or direction with height, which can rip apart a tropical cyclone wannabe, tends to be low.
- Sea-surface temperatures rise toward a peak in early fall.
- Instability the atmosphere's ability to generate convection (thunderstorms) to help initiate tropical cyclones also rises toward an early fall peak.

All those factors make for a larger area in the Atlantic where tropical storms and hurricanes can develop when compared to June and July. Please make sure you are prepared and have all supplies and materials prior to any warnings going into place. Please keep in mind that once a warning hits, the elevators will be shut down for safety reasons, so all preparations need to be made during the Watch or before.



RENTER'S INSURANCE

Take a look around you. Everything you see is vulnerable if you don't have renter's insurance. Many renters think that their possessions are covered by their landlord's policy. But your landlord's policy typically only covers the



structure and any liabilities the owner would face. Your possessions are not covered under this type of policy.

WHY DO YOU NEED INSURANCE?

You may think your possessions aren't valuable enough to insure. But add up the cost of replacing everything you have. It is a significant amount of money. If you do not have enough savings to cover these expenses all at once, you need renter's insurance. Many policies also provide personal liability coverage, protecting you in the event that someone is injured at your home.

ISN'T IT EXPENSIVE?

Renter's insurance can cost as little as \$15.00 a month. It all depends on how much coverage you want and where you live. Considering that you have no control over

circumstances like fire, water damage, or burglary, this is a wise investment and gives you peace of mind.

WHERE DO I GET RENTER'S INSURANCE?

Almost all insurance agents that sell homeowner's insurance also sell renter's insurance. Call several for quotes and choose the one that seems the most comprehensive and affordable for you. If you are interested in buying renter's insurance online, search for renter's insurance and you will find many companies willing to give you quotes by email. Some companies specialize in renter's insurance with low deductibles and the ability to purchase your policy online.



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September

Helen Hunt Jackson



The goldenrod is yellow; The corn is turning brown; The trees in apple orchards With fruit are bending down.

The gentian's bluest fringes Are curling in the sun; In dusty pods the milkweed It's hidden silk has spun.

The sedges flaunt their harvest In every meadow nook; And asters by the brook-side Make asters in the brook.

From dewy lanes at morning The grapes' sweet odors rise; At noon the roads all flutter With yellow butterflies.

By all these lovely tokens September days are here, With summer's best of weather, and autumn's best of cheer.





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THE JEWISH HIGH HOLY DAYS

Rosh Hashanah and Yom Kippur are the most important of all Jewish Holidays and the only holidays that are purely religious, they are not tied to historical or natural events. They are observed in the fall season of the western calendar and the seventh month of the Jewish calendar - Tishri. Rosh Hashanah begins a 10-day period, known as the High Holy Days or Yamim Nora'im, a time of penitence and prayer that ends with Yom Kippur. Jews worldwide are given these 10 days to repent for their sins and ask God for forgiveness. "May you be inscribed in the Book of Life" is the common greeting during this period, as it is believed that on Rosh Hashanah God records the destiny of all mankind in the Book of Life. On Yom Kippur the Book is closed and sealed. Those that have repented for their sins are granted a good and happy New Year.

On Rosh Hashanah it is customary to eat foods that are sweet with flavor. This symbolizes the "sweetness and good fortune" of the New Year ahead. Foods flavored with honey, apples and carrots are commonly served. The Rosh Hashanah meal begins with apple and challah dipped in honey. Challah, the bread usually eaten on the Sabbath, is also specially prepared for the holiday. Instead of the traditional braided loaf, the Rosh Hashanah challah is round - symbolizing the cycle of the new year. The design of ladders or birds are added to the holiday challah by some families to commemorate the prayers rising to Heaven. Below you will find a delicious recipe for a Honey Whole Wheat Challah for you to enjoy this Rosh Hashanah.

HONEY WHOLE WHEAT CHALLAH

Ingredients

- 4 cups Flour
- 4 cups Whole-Grain Wheat flour
- 2 pkgs. Active Rapid-Rise Yeast
- 1 ½ tsp Salt
- 2 cups Hot Water
- ½ cup Honey
- ¼ cup Margarine
- 2 Eggs beaten
- 1Egg Yolk
- 1 tsp Water
- Sesame Seeds -- or poppy seeds

Directions

Combine both flours in a large bowl. Set aside 1 cup. Add yeast and salt to flours. Combine the hot water, honey, and margarine. Stir until margarine melts. Stir warm liquids into flour mixture. Stir in eggs. Knead dough on lightly floured board 7-10 minutes adding as much of reserved flour as needed to form a smooth, elastic dough. Cover dough and let it rest for 10 minutes. Cut dough into two

parts and shape each part into a ball. Place both balls on a greased cookie sheets. Cover and let rise in a warm, draft-free place until the balls double in size. Beat egg yolk with the remaining 1 tsp water. Brush loaves with glaze and sprinkle with sesame or poppy seeds. Bake at 350 degrees for 45-55 minutes or until brown. Remove from pan and cool on wire rack. Makes 2 loaves, 24 servings.





CDC MASK GUIDELINE UPDATE AS OF AUGUST 27,2020

The Centers for Disease Control and Prevention (CDC) has released updated guidelines for selecting, wearing and cleaning face masks for the coronavirus pandemic. The update was released Aug. 27. The CDC continues to recommend that you wear masks in public settings "around people who don't live in your household and when you can't stay 6 feet away from others." Masks help stop the spread of COVID-19 to others, the CDC maintains.

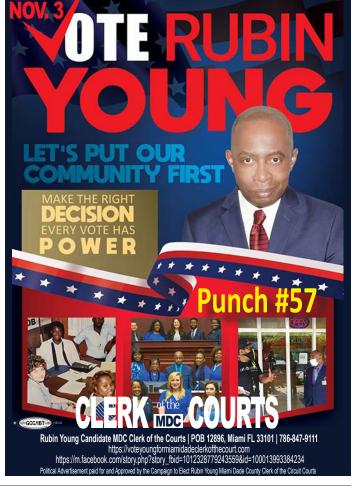
Overview

- Wear masks with two or more layers to stop the spread of COVID-19
- Wear the mask over your nose and mouth and secure it under your chin
- Masks should be worn by people two years and older
- Masks should NOT be worn by children younger than two, people who have trouble breathing, or people who cannot remove the mask without assistance
- Do NOT wear masks intended for healthcare workers, for example, N95 respirators









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