



Happenings IN TOWER 100

Volume 10 Issue 8

A Monthly Newsletter for the Residents of Mystic Pointe Tower 100

October 2020

MYSTIC POINTE TOWER 100

19195 Mystic Pointe Drive
Aventura, Florida 33180

ASSOCIATION OFFICERS

President Dan Silverberg
Vice Pres. . Mitchell Loszynski
Secretary Paul Jacobson
Treasurer .. Robert "Bob" Hartz
Director Harvey Glasser
Director Francine Sabin
Director Trish Taylor

PROPERTY STAFF

Manager Brigette Carpio
Asst. Manager ... Maria Salazar
Maint. Sup. . Edison Velasquez

IMPORTANT NUMBERS

Main 305-932-9169
Master Assoc. 305-932-9600
Fax 305-932-9286
Concierge 305-935-6812
Front Gate 305-932-8272

OFFICE HOURS

Mon. - Fri. ... 8:30 am-5:00 pm
Closed for lunch ... 12:15-1:15pm



Published monthly at no cost for Mystic Pointe Tower 100 by Coastal Group Publications, Inc. Contact CGP at (305) 981-3503 or www.cgpnnewsletters.com to advertise in one of our newsletters or to get a FREE newsletter for your property.

DON'T FORGET...

Spring Forward...Fall Back...

Daylight Saving Time begins for most of the United States at 2 a.m. on the **Second Sunday in March** and lasts until 2 a.m. on the **First Sunday of November**.

**Be sure to set your clocks back one hour at
2 a.m. on November 1, 2020.**

This is also a great time to change the batteries in your smoke and carbon monoxide detectors. Many fire departments encourage people to change their batteries in these detectors when they change their clocks, because it can be so easy to forget otherwise. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Michigan. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have worn-out or missing batteries.



QUOTATIONS: OCTOBER



- Autumn is a second spring when every leaf is a flower. -- Albert Camus
- There is something in October sets the gypsy blood astir. We must rise and follow her; When from every hill of flame, She calls and calls each vagabond by name. -- William Bliss Carman
- What I really want from music. That it be cheerful and profound like an afternoon in October. That it be individual, frolicsome, tender, a sweet small woman full of beastliness and charm. -- Friedrich Nietzsche
- There is no season when such pleasant and sunny spots may be light on, and produce so pleasant an effect on the feelings, as now in October. -- Nathaniel Hawthorne
- October is the fallen leaf, but it is also a wider horizon more clearly seen. It is the distant hills once more in sight, and the enduring constellations above them once again. -- Hal Borland
- Listen! The wind is rising, and the air is wild with leaves. We have had our summer evenings, now for October eves! -- Humbert Wolfe
- October. This is one of the peculiarly dangerous months to speculate in stocks in. The others are July, January, September, April, November, May, March, June, December, August, and February. -- Mark Twain



South Florida Law, PLLC
A Private Law Firm www.InjuryInFla.com



YOUR NEIGHBORHOOD PERSONAL INJURY ATTORNEYS!

- Car Accidents
- Uber/Lyft Accidents
- Slip & Fall
- Trip & Fall
- Wrongful Death



FREE CONSULTATION

954-800-7933

1920 E. Hallandale Beach Blvd. Ste. 701
Hallandale Beach, FL 33009

**NO MATTER WHERE YOU LIVE,
WHERE YOU LIVE HAS NEVER MATTERED MORE!**

Helping you find new places to Dream and Thrive!

Buying, selling, relocating, renting ... vacation home maybe?

HOW CAN I HELP?!





Marleine Ghaby
Realtor Associate
Cell: 786.266.1889
msghaby@gmail.com
facebook.com/mgmiamire

- WE SPEAK YOUR LANGUAGE: English, French, Spanish, Arabic
- Free CMA
- State of the Art marketing tools to service your needs despite the social challenges!
- 18 Years of Real Estate Experience



Published monthly at no cost for Mystic Pointe Tower 100 by Coastal Group Publications, Inc. Contact CGP at (305) 981-3503 or info@cgpnewsletters.com to advertise in one of our newsletters or to get a FREE newsletter for your property.

October Is Breast Cancer Awareness Month

How can I find breast cancer early?

The best way to find breast lumps that may be cancer is to do 3 things:

- Have regular mammograms.
- Have your doctor check your breasts.
- Check your breasts yourself every month.
- Doing all of these things gives you the best chance to find cancer as early as you can. Finding breast cancer early makes treatment much easier and more effective. More than 90 out of 100 women whose breast cancer is found early will be cured.

Changes to look for in your breasts

- Any new lump (which may not be painful or tender)
- Unusual thickening of your breasts
- Sticky or bloody discharge from your nipples
- Any changes in the skin of your nipples or breasts, such as puckering or dimpling
- An unusual increase in the size of one breast
- One breast unusually lower than the other

For more information you can visit the American Cancer Society's breast cancer Web site at www.cancer.org/ or call 800-ACS-2345. You can also visit the Breast Cancer Network's Web site at www.breastcancer.net.



PATRICKJAIMEZ PA

Mobile (786)-277-7355
Direct (305)-459-5019
patrickjaimez@gmail.com



www.patrickjaimez.com

Hablo Español / Falo Português
Selling Real Estate for over 20 years!

DON'T LET COVID-19 STALL YOUR SALE

My exclusive marketing program will reach buyers quickly and virtually through:

Property Video Tour
Online Advertising
Social Media Posts

Property Website
Customized Email Distribution
Virtual Showings

CONTACT ME TODAY TO TELL YOU ABOUT HOW I CAN GET THE MOST ONLINE ATTENTION FOR YOUR PROPERTY.

Call me today for a FREE, no cost obligation, comprehensive market analysis of your property.



GOT HURRICANE DAMAGE? GET HELP NOW!

TIME IS RUNNING OUT TO GET PAID ON YOUR CLAIM

NO RECOVERY, NO FEE!

DON'T MISS THE DEADLINE

FREE SECOND OPINION INSPECTION

LOCAL PUBLIC ADJUSTERS READY TO INSPECT

CALL US TODAY FOR ANY TYPE OF CLAIM!

STELLARADJUSTING.COM

MIAMI-DADE (305) 396-9110
BROWARD (954) 376-6991
PALM BEACH (561) 404-3069

2450 NE MIAMI GARDENS DR. SUITE 200, MIAMI, FLORIDA 33180

THIS IS SOLICITATION FOR BUSINESS. IF YOU HAVE HAD A CLAIM FOR AN INSURED PROPERTY LOSS OR DAMAGE AND YOU ARE SATISFIED WITH THE PAYMENT BY YOUR INSURER, YOU MAY DISREGARD THIS ADVERTISEMENT.

License #PT16224

BLINDS & SHADES

FREE SHOP AT HOME SERVICE

WE BEAT ANY ESTIMATE
BLINDS, SHADES, SHUTTERS

FREE MEASURING & INSTALLATION

FAST SERVICE, LOWEST PRICES GUARANTEED!

20% OFF Motorized Shades exp. 2/28/21 must present coupon

MOTORIZED SPECIALIST

VERTICALS REPAIRED & CLEANED
SHADES REPAIRED & CLEANED

We Also Do

REPAIRS

VERTICAL TRACKS REPAIRED

305-469-8162 WE SHOW UP! 25 Years in Biz

PHYSICAL & OCCUPATIONAL THERAPY

Are You Suffering From Back Pain, Poor Balance, Weakness?

We offer Ultrasound, Massage, Balance & Vestibular Therapy
Cardiac, Neurological and Senior Rehab
Exclusive 1 on 1, In the Comfort of your Home
Protective Equipment Protocols

THERAPY IN YOUR HOME

Licensed Medicare Provider FL8318

Brian Caitis @ 954-328-1505

COOK PERFECT PASTA

October is National Pasta Month. Pasta originated in China 40 centuries ago. But we most often associate pasta today with Italy. Even Italian law recognizes pasta as under its domain, prescribing that pasta must be made from pure durum wheat semolina flour and that its quality must be certified.



Pasta is simple and quick to cook, but some simple tips can help ensure that your pasta comes out perfect. Fresh pasta will cook more quickly than dried pasta. Different shapes and sizes of pasta will cook in different amounts of time. But there are some common things you should do no matter what type of pasta you are preparing.

First, start with a large, uncovered pot of boiling water. Your pot must be large enough to accommodate the water, the pasta, and allow for expansion of the pasta. Your goal should be to have enough water to allow the pasta to move freely in the pot while boiling.

The keys to keeping your pasta from sticking are to use enough water and to keep the pasta moving. You should stir your pasta occasionally when cooking. Also keep the water rapidly boiling. The movement of the water keeps the pasta pieces apart.

How do you know when pasta is done? The term “al dente” means, firm “to the tooth,” and is considered the ideal way to serve pasta. Thus the best way to tell if your pasta is done is to taste it. Cook it for the minimum time recommended and continue to test your pasta every couple of minutes until it is done to your liking. Pasta cooked “al dente,” will be slightly chewy with a very small white dot of uncooked core at the center. For more tender pasta, wait until there is no white uncooked core showing.

NOV. 3
VOTE RUBIN YOUNG
 LET'S PUT OUR COMMUNITY FIRST
 MAKE THE RIGHT DECISION EVERY VOTE HAS POWER
Punch #57
CLERK of the MDC COURTS
 Rubin Young Candidate MDC Clerk of the Courts | POB 12896, Miami FL 33101 | 786-847-9111
<https://voteyoungformiamidadeclerkofthecourt.com>
https://m.facebook.com/story.php?story_fbid=1012328779243559&id=100013993384234
 Political Advertisement paid for and Approved by the Campaign to Elect Rubin Young Miami Dade County Clerk of the Circuit Courts

kw ELITE PROPERTIES
KELLERWILLIAMS.
TERI DATTILIO
 513-470-8408
teridattilio@kw.com
Midwest Realtor with South Florida Flare

SALES THROUGHOUT AVENTURA, AT \$850,000, \$585,000, \$640,000, \$375,000, 290,000
 North Tower at the Turnberry Isles
 Point Delvista Towers Aventura Marina
AND SO MANY MORE!

SOLD IN 3 DAYS!

I CAN SELL YOURS TOO, ASK ME HOW!

PUMPKIN CHEESECAKE

INGREDIENTS

Crust:

- 1/3 cup reduced-calorie margarine, room temp.
- 2 cups graham-cracker crumbs

Filling:

- 1 container (24 ounces) nonfat cottage cheese (3 cups)
- 1 tub (12 ounces) light cream-cheese
- 1-1/4 cups packed light-brown sugar
- 2 large egg whites
- 2 large eggs
- 1 can (16 ounces) solid-pack pumpkin
- 2 tablespoon cornstarch
- 2 teaspoon pumpkin-pie spice
- 1 teaspoon vanilla extract
- Lightly grease bottom & sides of 9x3" spring form pan.

DIRECTIONS

Crust:

1. Mix margarine and cracker crumbs in a bowl until evenly moistened.
2. Press over bottom and 2 inches up sides of prepared pan.

Filling:

1. Heat oven to 325 degrees F.
2. Process cottage cheese and cream cheese product in a food processor or blender about 2 minutes, scraping down sides 2 or 3 times, until thick and smooth.
3. Add brown sugar, process until sugar dissolves.
4. Add eggs and egg whites and process just until blended.
5. Transfer to a large bowl.
6. Stir in pumpkin, cornstarch, spice and vanilla until well blended and smooth.
7. Pour into crust.
8. Bake 1 hour & 20 minutes or until top of cake looks set.
9. Cool completely on wire rack.

To store, cover and refrigerate in pan at least 6 hours or up to 4 days.



DIAMOND REMODELERS

Full Service Contractors

We are committed to the fulfillment of your home improvement needs with an eye towards increasing the value of your real estate asset. Whether you are remodeling a kitchen, bathroom, complete residence or room addition; we are the *Miami Beach Experts*, **family owned for 30 years.**

*specializing
in condo &
apartment interiors*

Jeff Diamond & Anthony Lasorsa
305-865-9005
www.diamondremodelers.com
jeff@diamondremodelers.com



Painting & Services Unlimited Lic. CC94BS00437 • Lasora Enterprises, Inc CGC031497
Licensed & Insured General Contractor

Kitchen & Bathroom Remodeling

Satisfaction and Quality Guaranteed

REMODELING • INSTALLATIONS

- Kitchen / Bathroom
- New & Resurfaced Cabinets
- Cabinets / Vanities
- Custom Baseboards / Crown Moldings
- Granite / Marble / Mica Counter Tops
- All Types of Tiles & Marble Installed

"Your Experienced Handyman"

PAINTING & SERVICES UNLIMITED

- Painting, Condo, House, Apt. Roof Painting
- Full Service Contractors
- Popcorn Ceiling Removal
- Plumbing & Electrical Service
- Smooth Ceilings
- Doors / Windows
- Framing, Drywall & Finishes
- Mirror Installation

- Design & Management Services
- No Job Too Small
- Free Estimates
- Service & Quality at Reasonable Prices
- Commercial & Residential
- Habla Español

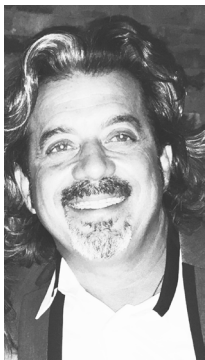
15% Off
any remodeling job!

10% OFF
Any Service

Valid With Coupon.
Not To Be Combined
With Other Offers.
Exp 11/30/2020

One Dollar Emergency Dental Visit Including Necessary X-Rays

NEW PATIENTS ONLY.



Meet Your
Neighborhood Dentist
Dr. Edy A. Guerra

Over 20 years in Surfside / Bay Harbour / Bal Harbour

Two Locations to Better Serve You

9456 Harding Ave. 4011 W. Flagler St.
Surfside, FL 33154 Coral Gables, FL 33134

(305) 866-2626

<http://www.dentistsurfside.com/>

I LIVE & BREATHE MYSTIC POINTE 24/7

- Sold Tower 100 Unit 609 2/2.5 Water Views
- Sold Tower 600 Unit 1210 2/2 Golf Views
- Sold Tower 600 Unit 704 2/2 Intracoastal Views
- Sold Tower 300 Unit 1215 1/2 Panoramic Water Views
- Sold Tower 300 Unit 706 2/2 Intracoastal Views

FEATURED LISTINGS:

- Tower 300 Unit 715 1/1.5 Great Location
- Tower 300 Unit 207 2/2 Completely Remodeled
- Tower 300 Unit 1615 2.5 Ocean Views
- Tower 300 Unit 1101 2/2 Top line/great views, Rental

TOP TEN AVENTURA AGENT!

- Spanish speaking top producing agent with an extensive network and millions sold
- Mystic Pointe resident and 4-year President of T300
- Skilled negotiator. Unparalleled marketing and proven track record
- Dependable, Reliable, and Trusted
- Free, detailed market analysis delivered to all my clients. Call me to receive yours!



**COLDWELL
BANKER
REALTY**

20803 Biscayne Blvd. Ste. 102
Aventura, FL 33180

786.385.4824

E-mail: rafszy@gmail.com

HABLO ESPAÑOL