A Newsletter for the Residents of the Isola Condominium

# CONDOMINIUM ASSOCIATION, INC

Volume 13 Issue 7 October 2020

## ISOLA Condominium Association, Inc.

770 Claughton Island Drive Miami, Florida 33131

#### **BOARD OF DIRECTORS**

President	Ydais Laya
Vice President .	Arturo Duque
Treasurer	.Jackueline Miqueo
Secretary	Crystal Goetting
Director	German Mesa
BOD board@iso	lacondominium.com

#### **PROPERTY STAFF**

Prop. Manager	Jesus Lorenzo
manager@isolac	ondominium.com
Admin Assistant	David Caballero
assistant@isolac	ondominium.com

#### **IMPORTANT NUMBERS**

Main	305-371-7007
Fax	305-539-8933
Comcast	1-855-399-1542
FPL:	(305) 442-8770

#### **OFFICE HOURS**

**Monday - Friday** ... 9:00 AM - 5:00 PM





### DON'T FORGET...Fall Back...

Daylight Saving Time begins for most of the United States at 2 a.m. on the **Second Sunday in March** and lasts until 2 a.m. on the **First Sunday of November.** 

# BE SURE TO SET YOUR CLOCKS BACK ONE HOUR AT 2 A.M. ON NOVEMBER 1, 2020.

This is also a great time to change the batteries in your smoke and carbon monoxide detectors. Many fire departments encourage people to change their batteries in these detectors when they change their clocks, because it can be so easy to forget otherwise. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Michigan. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have worn-out or missing batteries.



Page 2 Isola Condominium October 2020

#### PUMPKIN CHEESECAKE

#### **Crust:**

- 1/3 cup reduced-calorie margarine, room temp.
- 2 cups graham-cracker crumbs **Filling:**
- 1 container (24 ounces) nonfat cottage cheese (3 cups)
- 1 tub (12 ounces) light creamcheese
- 1-1/4 cups packed light-brown sugar
- 2 large egg whites
- 2 large eggs
- 1 can (16 ounces) solid-pack pumpkin
- 2 tablespoon cornstarch
- 2 teaspoon pumpkin-pie spice
- 1 teaspoon vanilla extract

• Lightly grease bottom & sides of 9x3" spring form pan.

#### **DIRECTIONS**

#### **Crust:**

- 1. Mix margarine and cracker crumbs in a bowl until evenly moistened.
- 2. Press over bottom and 2 inches up sides of prepared pan.

#### **Filling:**

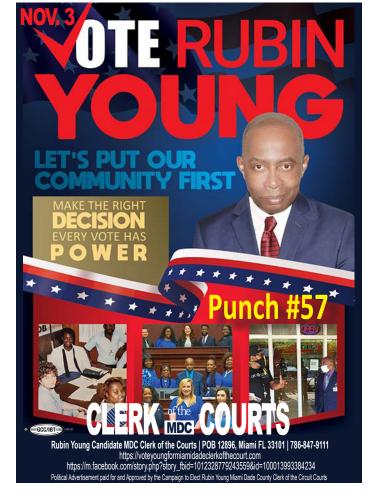
- 1. Heat oven to 325 degrees F.
- 2. Process cottage cheese and cream cheese product in a food processor or blender about 2 minutes, scraping down sides 2 or 3 times, until thick and smooth.
- 3. Add brown sugar, process until sugar dissolves.



- 4. Add eggs and egg whites and process just until blended.
- 5. Transfer to a large bowl.
- Stir in pumpkin, cornstarch, spice and vanilla until well blended and smooth.
- 7. Pour into crust.
- 8. Bake 1 hour & 20 minutes or until top of cake looks set.
- 9. Cool completely on wire rack.

To store, cover and refrigerate in pan at least 6 hours or up to 4 days.





Published monthly at no cost for Isola Condominium by Coastal Group Publications, Inc.
Contact CGP at T: (305) 981-3503 or www.cgpnewsletters.com
to advertise in one of our newsletters or to get a free newsletter for your property.

October 2020 Page 3 Isola Condominium

# October Is Breast Cancer Awareness Month

#### How can I find breast cancer early?

The best way to find breast lumps that may be cancer is to do 3 things:

- Have regular mammograms.
- Have your doctor check your breasts.
- Check your breasts yourself every month.
- Doing all of these things gives you the best chance to find cancer as early as you can. Finding breast cancer early makes treatment much easier and more effective. More than 90 out of 100 women whose breast cancer is found early will be cured.

#### Changes to look for in your breasts

- Any new lump (which may not be painful or tender)
- Unusual thickening of your breasts
- Sticky or bloody discharge from your nipples
- Any changes in the skin of your nipples or breasts, such as puckering or dimpling
- An unusual increase in the size of one breast
- One breast unusually lower than the other

For more information you can visit the American Cancer Society's breast cancer Web site at www.cancer.org/ or call 800-ACS-2345. You can also visit the Breast Cancer Network's Web site at www.breastcancer.net.





During these challenging times, rest assured that my office in here to listen to your concerns and connect you to the service and resources you need from Miami-Dade County.

www.miamidade.gov/district05 305-375-5924

<u>District5emiamidade.gov</u>



#### **COVID-19 RELIEF**

See a full list of reliet programs for individuals and businesses at <u>bit.ly/covid19reliefprograms</u>

#### **BE ELECTION READY**

lection Day is November 3, 2020
Update your voter registration & request a Vote By Mail ballot at bit.ly/mdcelections

#### **STAY INFORMED**

Text **DISTRICT5** to **42828** to recieve a weekly update from Commissioner Higgins and the D5 team





305-469-8162 WE SHOW UP! 25 Years in Biz

Retired nurse looking for part time work caring for elderly patients. Has own car for help with transportation to and from doctor's appointments, shopping and errands.

786-486-9022

Excellent References
Resume Available on Request

October 2020 Page 4 Isola Condominium

## **One Dollar Emergency Dental Visit Including Necessary X-Rays**

**NEW PATIENTS ONLY.** 



Meet Your Neighborhood Dentist Dr. Edy A. Guerra

Over 20 years in Surfside / Bay Harbour / Bal Harbour

#### Two Locations to Better Serve You

9456 Harding Ave. 4011 W. Flagler St. Surfside, FL 33154 Coral Gables, FL 33134

(305) 866-2626

http://www.dentistsurfside.com/

We are committed to the fulfillment of your home improvement needs with an

eye towards increasing the value of your real estate asset. Whether you are remodeling a kitchen, bathroom, complete residence or room addition; we are

the Miami Beach Experts, family owned for 30 years.

#### **ISOLA CONDO**

770 claughton Island, Miami, Fl 33131 Sold within past 3 Months

APT #	BED	BATHS	SQ FT	SOLD PRICE	
1008	1	1	671	\$	210,000
1610	1	1	735	\$	215,000
1805	1	1	708	\$	210,000
814	2	2	985	\$	323,500
1004	2	2	968	\$	305,000
1013	2	2	985	\$	250,000
1402	2	2	1,065	\$	355,000
PH30	2	2	985	\$	286,190



## ALYESKA SEMSCH

RE Broker

786-326-7655

Alyeska@semschrealty.com



200 Crandon Blvd Suite 360, Key Biscayne, FL 33149

MLS SEARCH: www.SemschRealtv.com

Brickell / Downtown / Key Biscayne Coconut Grove / Coral Gables / Sunny Isles

Information is believed accurate, but not guaranteed. Information obtained from Miami-Dade public records.

# **DIAMOND**



# REMODELERS

Full Service Contractors

Kitchen 🗸 Bathroom Remodeling

Satisfaction and Quality Guaranteed

specializing in condo & apartment Interiors Jeff Diamond & Anthony Lasorsa 305-865-9005 www.diamondremodelers.com



Painting & Services Unlimited Lic. CC94BS00437 • Lasora Enterprises, Inc CGC031497 Licensed & Insured General Contractor

#### REMODELING • INSTALLATIONS

- Kitchen / Bathroom
- New & Resurfaced Cabinets
- Cabinets / Vanities
- · Custom Baseboards / Crown Moldings
- Granite / Marble / Mica Counter Tops
- All Types of Tiles & Marble Installed

"Your Experienced Handyman"

#### PAINTING & SERVICES UNLIMITED

- Painting, Condo, House, Apt. Roof Painting Full Service Contractors
- Popcorn Ceiling Removal Smooth Ceilings
- Framing, Drywall & Finishes
- Plumbing & Electrical Service
- Doors / Windows EST. 1980
- Mirror Installation

**Design & Management** Services

- No Job Too Small
- Free Estimates
- Service & Quality at **Reasonable Prices**
- Commercial & Residential
- Habla Español

Off

any remodeling job!

Valid With Coupon. Not To Be Combined With Other Offers. Exp 11/30/2020