A Newsletter for the Residents of the Isola Condominium

CONDOMINIUM ASSOCIATION, INC

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ISOLA Condominium Association, Inc.

770 Claughton Island Drive Miami, Florida 33131

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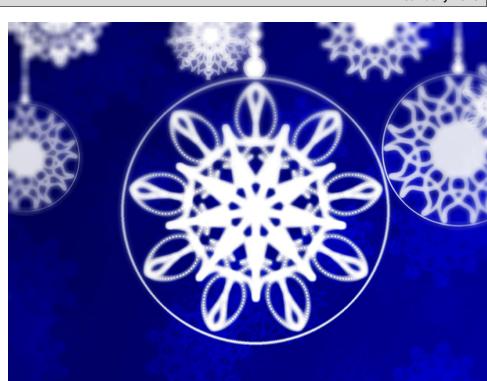
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OFFICE HOURS Monday - Friday ... 9:00 AM - 5:00 PM





HAPPY NEW YEAR

Here's to a brand new year of good health, good fortune, and good times. Thanks for bringing in the New Year with us here at Isola. We feel fortunate to have you all as our residents.

Glaucoma Awareness Month

Did you know that you could be going blind and not even know it? January is Glaucoma Awareness Month, a time to remind the public about the dangers of this disease. Glaucoma is the leading cause of blindness in all adults over the age of 60. In the African-American population, people over 40 are up to five times more likely to get glaucoma.

Glaucoma can't be cured, but if caught early, treatment options can reduce the risk of blindness. If you are over 60, or if you are African-American and over the age of 40, or you have a family history of glaucoma, talk to your doctor. You should have an eye exam every two years. It is painless, easy, and it could save your sight.





MIAMI BEACH OFFICE

1700 Convention Center Drive, ground floor Miami Beach, Florida, 33139 Tuesday and Thursday / 9:30 am – 4:30 pm

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NATIONAL FLORIDA DAY

National Florida Day on January 25 recognizes the 27th state to join the United States. The Sunshine State is home to the oldest established city in the country. With over 400 years of history, St. Augustine's streets and colonial architecture have stories to tell.

With an average high temperature of 79.5°F, it should be no surprise that Floridian John Gorrie brought refrigeration and air conditioning to the world in 1851. Add to that, more than half the year with partly cloudy to sunny days, the invention of sunblock would be a necessity, too. Hungary born pharmacist, Benjamin Green, invented a sunscreen in 1944 which later became a tanning lotion known as Coppertone. Florida offers more than enough to do and see. From man-made worlds and relaxing beaches to long, colorful and intricate history, the Sunshine State's open spaces and sunny faces require more than one visit or enjoying Florida as a resident.

State Flower - Orange Blossom | State Tree - Sabal Palm State Beverage - Orange Juice | State Capitol - Tallahassee State Song - Swanee River



Retired nurse looking for part time work caring for elderly patients. Has own car for help with transportation to and from doctor's appointments, shopping and errands.

786-486-9022

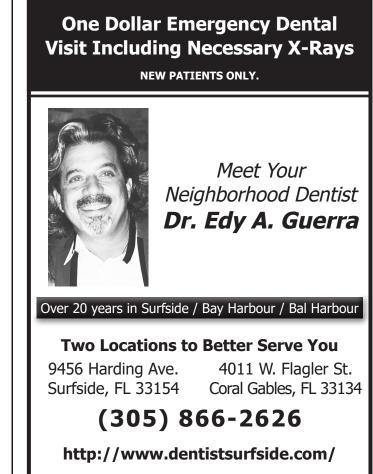
Excellent References Resume Available on Request

Dealing with the Flu

It's that time of year again! Flu season is here. You may find yourself suffering from fever, aches, and other symptoms of the flu. There really is no cure for the flu. But there are things you can do to make yourself more comfortable during the duration. The best course of action in



dealing with the flu is to get plenty of rest and drink lots of fluids. What about chicken soup? Well, it can't hurt! Although it doesn't cure anything, it can soothe a sore throat, clear clogged passageways, and hydrate you. It is always good TLC at a difficult time. Remember to contact your doctor if your flu symptoms seem severe, you have trouble breathing, or if you have a fever that is not relieved with over the counter medication.



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Super Bowl Fun

Dave feels so lucky when he wins a free ticket to the Super Bowl in his company's raffle. But once he gets to the stadium, he feels gypped. His seat is in the last row in the corner of the stadium. After watching the game for half an hour, Dave notices that there is



an empty seat right on the 50 yard line, 10 rows up from the field. He decides to take a chance and dodges the security guards to make his way to the empty seat. As he sits down, he asks the man sitting next to him, "Excuse me, is anyone sitting here?" The man says no, so Dave settles in to watch the game. Dave asks the man next to him, "Why would anyone who has a seat this good not show up for the Super Bowl?" The man replies, "Well, actually that seat belongs to me. My wife and I have come to every Super Bowl since we married 30 years ago. But she recently passed away." "I'm so sorry," says Dave. "But couldn't you have found any family or friends to bring with you?" "No," the man replies. "They're all at the funeral."

During the Super Bowl, there was another football game of note between the big animals and the little animals. The big an-

imals were crushing the little animals and at half-time, the coach made a passionate speech to rally the little animals. At the start of the second half, the big animals had the ball. The first play, the elephant got stopped for no gain. The second play, the rhino was stopped for no gain. On third down, the hippo was thrown for a 5 yard loss. The defense huddled around the coach and he asked excitedly, "Who stopped the elephant?" "I did," said the centipede. "Who stopped the rhino?" "Uh, that was me too," said the centipede. "And how about the hippo? Who hit him for a 5 yard loss?" "Well, that was me as well," said the centipede. "So where were you during the first half?" demanded the coach. "Well," said the centipede, "I was having my ankles taped."

ISOLA CONDO Sold within past 6 Months				
Apt #	Bed	Bath	Sq Ft	Sold Price
PH-17	2	2	1085	\$325,000.00
902	2	2	1065	\$335,000.00
1707	1	1	671	\$239,000.00
1607	1	1	671	\$220,000.00
1407	1	1	671	\$214,900.00



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