



EMERALD

AT · BRICKELL

Monthly
Newsletter

Volume 12 Issue 12

A Newsletter for the Residents of Emerald at Brickell Condominium Association

December 2020

Emerald at Brickell Condominium Association

218 S.E. 14th Street
Miami, Florida 33131

ASSOCIATION OFFICERS

President.....Judy Santos
Vice President Megan Tamaccio
Treasurer Hector Nieto
Secretary..... Roxanne Rodriguez
Director Jessica Melendez

PROPERTY MANAGEMENT

Property Mgr...... Ashley Rodriguez
manager@emeraldbrickellcondo.com
Admin. Asst. Stephanie Francis
Admin@emeraldbrickellcondo.com
Maint. Supervisor Victor Gonzalez
Staff Supervisor..... Kenol Danny
305-416-6045

IMPORTANT NUMBERS

Office:..... 305-416-6065
Security:..... 305-416-6045
Maintenance:..... 305-416-6065
Fax: 305-416-6067
Direct TV:1 (800) 531-5000
Web pass:.....1 (800) 932-7277

OFFICE HOURS

Mon., Wed. & Fri... 7:30 am - 4 pm
Tues & Thurs7:30 am - 6:30 pm



WEAR A MASK. PROTECT OTHERS.

TIS' THE SEASON TO BE JOLLY

The Holiday spirit certainly has all of us here on the Emerald at Brickell staff feeling pretty happy and jolly. Here's hoping the spirit has caught you as well. From all of us to all of you, have a very Happy Holiday season and a Happy New Year.



DECEMBER

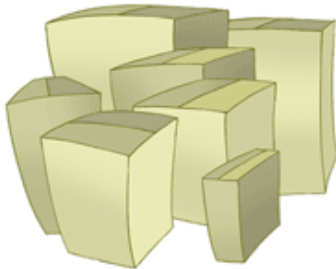
Scooter/ Motorcycles & Bikes

Parking is required as we no longer allow parking on the ground level floor. Parking Fee: Scooters are \$35 monthly, Motorcycles are \$50 Monthly and Bikes are \$25 yearly. Must be registered in the office by resident in order to park.



Empty Boxes

If you have empty boxes, DO NOT throw them down the trash chute. Please bring them to the recycling bins located on the ground floor behind the Security Desk. Thank you for your cooperation.



Public Adjusting Services
Professional Insurance Claim Representation

GOT HURRICANE DAMAGE? GET HELP NOW!

MIAMI-DADE (305) 396-9110
BROWARD (954) 376-6991
PALM BEACH (561) 404-3069

STELLARADJUSTING.COM 2450 NE MIAMI GARDENS DR. SUITE 200, MIAMI, FLORIDA 33180

THIS IS SOLICITATION FOR BUSINESS. IF YOU HAVE HAD A CLAIM FOR AN INSURED PROPERTY LOSS OR DAMAGE AND YOU ARE SATISFIED WITH THE PAYMENT BY YOUR INSURER, YOU MAY DISREGARD THIS ADVERTISEMENT.

**TIME IS RUNNING OUT
TO GET PAID ON YOUR CLAIM**

NO RECOVERY, NO FEE!

DON'T MISS THE DEADLINE

FREE SECOND OPINION INSPECTION

LOCAL PUBLIC ADJUSTERS READY TO INSPECT

CALL US TODAY FOR ANY TYPE OF CLAIM!

WAS YOUR CLAIM DENIED OR UNDERPAID?

Commissioner
Eileen Higgins
District 5

"During these challenging times, rest assured that my office is here to listen to your concerns and connect you to the services and resources you need from Miami-Dade County."

CALL - EMAIL - SOCIAL

www.miamidade.gov/district05
305-375-5924
District5@miamidade.gov

@CommishEileen
 /CommishEileen

<p>COVID-19 RELIEF</p> <p>See a full list of relief programs for individuals and businesses at bit.ly/covid19reliefprograms</p>	<p>SAFETY FIRST</p> <p>Ensure your safety by social distancing, washing your hands, and wearing a mask.</p>	<p>STAY INFORMED</p> <p>Get most recent D5 updates by emailing district5@miamidade.gov.</p>
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ALEXANDRA MUNOZ

Owner & Head Trainer

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305-469-8162 WE SHOW UP! 25 Years in Biz		

Available Storage

Storage units are now available for rent, please contact the Management Office for details.

ATM Location

An ATM machine has been placed in the business center for your use and convenience.



A/C Flush & Filter Change

Compare to an outside A/C company who's prices are high, we charge a minimal fee to have your air condition unit flushed & cleaned, and also replace the filter. This will prevent water from flooding into your unit and the units below.

Leaky Toilets/Faucets

Please contact the management office if you suspect you may have a problem in your unit, we can usually repair same at a minimal fee. **REMEMBER:** Small leaks could greatly impact the charges paid by the association through the unit owner's maintenance assessments.



Notary Service

This service is available at a fee in the Management Office during normal business hours.



DIAMOND REMODELERS

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We are committed to the fulfillment of your home improvement needs with an eye towards increasing the value of your real estate asset. Whether you are remodeling a kitchen, bathroom, complete residence or room addition; we are the *Miami Beach Experts*, family owned for 30 years.

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HEALTHY HOLIDAYS

Do you find your belly wiggling like a bowl full of jelly every January? It can be hard to keep from overindulging when you are faced with a December full of buffets, cookies, and holiday dinners. But there are ways to battle the holiday bulge!

Exercise is an important part of anyone’s healthy lifestyle. During the holidays it is even more important to include exercise in your busy day. There is a stronger tendency to skip your daily walk, aerobics workout, or swim during winter. There are fewer daylight hours and there are additional activities that demand your time. Taking time for yourself every day, however, will reduce stress and help you to stay fit and trim.

As for the eating, remember that the key to success is moderation. You don’t have to deprive yourself of all those holiday goodies. Just keep portions reasonable and opt for some healthy substitutes. If you are invited to a holiday gathering, try to eat something healthy before you go. You won’t be starving and tempted to eat everything available. Take small portions of everything you wish to taste and eat slowly.

Substitutions can help also. Instead of very high-fat eggnog, drink cranberry juice. Avoid fried foods and choose fresh fruits and vegetables instead. Munch on pretzels in place of chips, and choose a couple of cookies instead of the cheesecake.

If you find yourself at a dinner party with a host or hostess that insists on second helpings, make your first serving a small one. When you return for more, your second serving will bring your total intake up to one normal sized portion. Offer to bring a dish or two and make it healthy and low-fat.

As for your own holiday baking and food preparation, remember your limits and your weaknesses. If you have a tendency to eat handfuls of cookies, make batches to give away. Keep only a few for yourself. As your schedule gets more hectic, remember to take time to eat three meals a day, and allow for time to plan for healthy meals.

A little planning and extra attention to including exercise in your day will be all it takes to avoid gaining those extra pounds this holiday season. You will enjoy your happy and healthy holidays even more!

45 DAY LISTING AGREEMENT!




Fernando Rizzo
352-256-2203

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