# The VOICE of Coronado



Volume 6 Issue 8

A Monthly Newsletter for the Residents of Coronado Condominium

August 2020

#### **Coronado Condominium Association, Inc** 20301 W Country Club Drive

Aventura, Florida 33180

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Juda Eskew for Payments	

#### **OFFICE HOURS**

# The CDC on Living in Shared Housing During the Coronavirus Pandemic

Shared or congregate housing includes apartments, condominiums, student or faculty housing, national and state park staff housing, transitional housing, and domestic violence and abuse shelters. Shared housing residents often gather together closely for social, leisure, and recreational activities, shared dining, laundry facilities, stairwells, and elevators and may have challenges with <u>social</u> distancing to prevent the spread of COVID-19.

#### PROTECT YOURSELF

- Social distance by staying at least 6 feet apart from others that you do not live with.
- CDC recommends that people wear masks in public settings when around people who don't live in your household, especially when other social distance measures are difficult to maintain.
- Seek out a "buddy" in the facility who will check on you and make sure your are getting basic necessities, including food and household essentials.

#### PEOPLE AT-RISK

- Keep up-to-date lists of medical conditions and medications, and periodically check to ensure you have a sufficient supply of your prescriptions and medications.
- Contact your healthcare provider to ask about getting extra medications to have on hand, or to consider using a mail-order option for medications.
- Be aware of serious symptoms of if you have underlying conditions of <u>COVID-19</u> symptoms, and know who to ask for help or when to call 911.

#### KNOW WHERE TO GET INFORMATION

• Make sure you know how your facility is going to communicate COVID-19 information to you; email, websites, hotlines, automated text messaging, newsletters, and flyers to help communicate information on.

#### **COMMON SPACES**

Be flexible, rules may change in common areas. Maintain 6 feet of social (physical) distance between yourself and everyone that you do not live with. This may mean there will be alternatives to activities, cancelled activities, or closed areas. If you see people in areas that are small, like stairwells and elevators, consider going one at a time.



## HURRICANE SEASON

Florida's Hurricane Season has begun. It's important to plan ahead so you are safe in case of any emergency. Please prepare now for any possible risks associated with stormy weather and be prepared to act when alerted by emergency officials with the following:

- A Disaster Supply Kit (Including: a first aid kit, water, canned food supply, flashlight(s), a battery powered radio etc.)
- Store all furniture, plants, and personal belongings, or anything that can be picked up from the wind on your balcony inside your home
- Close shut all windows, doors and secure your balcony door latch, making sure it is functioning properly
- Pet owners should have plans in place to make sure their pet is taken care of

#### **EMERGENCY SUPPLY KITS**

Your disaster kit and emergency supplies should now be fully stocked. If you still have not done so, now would be a good time to stock up necessary supplies. But what should you include?

- Non-perishable snacks and packaged or canned food for at least 3 to 7 days
- At least 1 gallon of water per person for 3 to 7 days
- Manual can opener
- Battery-powered radio, & batteries
- First-aid kit
- Small tools and safety items such as match, a multi-purpose tool, flashlight, and a whistle
- Prescription medications
- Sanitation & personal hygiene items
- Special items and food for infants, the elderly or the disabled
- Charged cell phone with charger
- Cash
- Critical documents placed in a waterproof container
- Protective gear such as warm clothes and blankets

Store such items in an easy-to-carry, waterproof container such as a backpack or duffle bag. Exercise good judgment at all times. Stay alert with updates provided by local authorities and news networks.

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# The Do's and Don't's of Recycling

#### **RECYCLE:**

- Steel, Tin & Aluminum Cans
- Plastic Bottles & Containers
- Office Paper, Brown Paper • Bags & Newspaper
- Cardboard Flattened & Paperboard
- Junk Mail & Magazines

#### **DO NOT INCLUDE:**

Food waste, plastic bags, polystyrene foam cups & containers, glass bottles.

Please that Waste note Management Inc. of Florida is no longer accepting glass in its commercial recycling plastic bags do not recycle.





## **DON'T LET COVID-19 STALL YOUR SALE**

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