



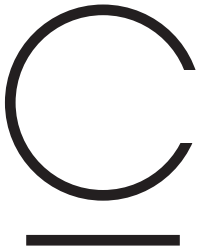
CENTRO

A Newsletter for the Residents of the Centro Downtown Condominium Association, Inc.

Volume 2 Issue 6

June 2019

CENTRO DOWNTOWN
Condominium Association, Inc.
151 SE 1st Street
Miami, Florida 33131



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Vice Pres. ...Harvey Hernandez

Secretary..... Mandi Miranda

IMPORTANT NUMBERS

Main 305-440-0566

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OFFICE HOURS

Mon - Fri.. 9:00 am - 5:00 pm



Hurricane Preparation Checklist

BEFORE JUNE 1

(Or as early in the season as possible)

- Create a personal hurricane preparation plan and share it with each family member.
- Begin to stock your home and community for storm season:
 - Test and check expiration dates on existing supplies and replace as needed
 - Many states offer sales tax holidays each year, which can help lower the cost of storm supplies. Find your state's moratorium dates at: http://www.taxadmin.org/fta/rate/sales_holiday.html
- Collect important addresses and phone numbers:
 - Family members
 - Insurance company
 - Shelters (including pet-friendly shelters)
 - Generator-powered gas stations
 - Generator-powered grocery stores
 - Your utility company
 - National Hurricane Center
 - Federal Emergency Management Agency (FEMA)
 - Your community association management company
- Select your home's safe room — an interior room, closet or another area without windows.
- Determine if you live in a mandatory evacuation zone.
- If so, where will you shelter and what route will you take if an evacuation order is given.
- Trim trees and shrubs around your home. Purchase and/or test existing generators.
- Review your insurance policy or contact your agent to ensure you have active personal HO6 policies and special assessment coverage.
- Consult with your community association management company:
 - Find out what actions they recommend to prepare your home and community
 - Establish who is responsible for which pre-and post-hurricane activities



WHEN A STORM IS HEADED YOUR WAY

(Per weather forecasts, 4 to 5 days prior to landfall)

Gather existing items or purchase:

- At least one gallon of drinking water per person, per day

Continued on page 2

Hurricane (cont. from page 1)

- ❑ Chlorine to decontaminate water
- ❑ Non-perishable packaged or canned foods, juices and snack foods
- ❑ Manual can opener
- ❑ Paper plates and plastic utensils
- ❑ Garbage bags
- ❑ First-aid kit
- ❑ Flashlights and batteries Candles and lighters or matches
- ❑ Battery-powered radio, TV, lantern, hot plate and fans
- ❑ Solar-powered cell phone charger
- ❑ Gas for barbecue
- ❑ Rain gear
- ❑ Medicines/prescriptions — Renew and store in a waterproof container

- ❑ Baby wipes and hand sanitizer
- ❑ Insurance documents in a waterproof container



WHEN A HURRICANE WATCH IS ISSUED

(48 hours prior to landfall)

- ❑ Clean, sterilize and fill available containers with water for emergency drinking purposes.
- ❑ Photograph and/or videotape your property and contents (with date stamps) as baseline documentation. Store images to

cloud and/or print and store in waterproof containers.

- ❑ Pack freezer contents tightly to conserve cold temperatures in case you lose power.
- ❑ Gather the following and secure in luggage or waterproof containers:
 - Reading materials, toys and games for family members
 - Toiletries and equipment for family members
 - Several changes of clothing
 - Blankets and pillows for each family member
 - Pet food, water, carriers and leashes. Ensure pets wear ID tags with your name/phone number

WHEN A HURRICANE WARNING IS ISSUED

(36 hours prior to landfall)

- ❑ Get cash.
- ❑ Fill cars with gas. Charge cell phones. Back up computer files.
- ❑ Install hurricane shutters and/or board up windows. Store or secure outdoor furniture.
- ❑ Prepare your pool and spa. Secure your boat.
- ❑ Fill bathtub with water to bathe and flush toilet.
- ❑ Turn off breakers or unplug electronics to prevent damage from electrical surges.

DURING THE HURRICANE

You must evacuate if you live in a mandatory evacuation zone or if you

Continued on page 3



GOT PROPERTY DAMAGE? GET HELP NOW!

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Water Damage


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Loss of Income


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Flood Damage


Hurricane Damage


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DOES YOUR DRAIN LINE NEED TO BE REPLACED?

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Hurricane (cont. from page 2)

don't feel safe staying in your home.

If you remain at home:

- ❑ Be sure your entire family stays in your safe room. Monitor hurricane updates via radio, TV and internet.
- ❑ Even if storm conditions subside, stay indoors until you receive official word that the hurricane is over. In many cases, conditions worsen again after periods of calm.
- ❑ Keep curtains and blinds closed and stay away from windows to avoid injuries from broken windows or flying glass or debris.
- ❑ Turn off utilities if instructed to do so. Otherwise, turn the refrigerator thermostat to its coldest setting and keep doors closed to retain cold air.
- ❑ Avoid using your telephone, except for emergencies.
- ❑ When you do leave your home, use the stairs, not elevators.



If you evacuate:

- ❑ Only take what you really need, such as your cell phone, medications, identification (driver's license or passport), clothing, food, water, toiletries and cash.
- ❑ Before you leave, unplug electrical appliances and turn off your home's gas, electricity and water.
- ❑ Travel roads and highways recommended by emergency workers, even with traffic, because other routes may be blocked by debris or fallen trees.

AFTER THE HURRICANE IS OVER

- ❑ As soon as it is safe to leave your home or re-enter your community, place tarps over damaged roofs, windows and doors and remove debris to reduce the threat of injuries and further damage.
- ❑ Be aware of hidden dangers like downed power lines and water-covered holes.
- ❑ Run generators only in well-ventilated outdoor areas (never indoors) to prevent carbon monoxide poisoning.
- ❑ Discard all food that may no longer be safe, especially if your home lost power. When in doubt, throw it out.
- ❑ Photograph or video all damages to document necessary repairs or replacement. Do not accept any money offered by insurance companies to release or settle claims.
- ❑ Immediately contact your insurance agent to report all damages.



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Summer Milkshake Recipes

Red, White & Blue Milk Shakes

- 1 quart strawberry ice cream
 - 1 cup milk
 - 1/2 cup strawberry preserves
 - 1/4 cup frozen whipped topping, thawed
 - 1/4 cup fresh blueberries, washed
- Combine ingredients in blender. Blend until well combined. Pour into glasses, top with whipped topping and blueberries.

Chocolate Peanut Butter Milkshake

- 1 cup cold milk
 - 1/3 cup chocolate syrup
 - 2 tablespoons creamy peanut butter
 - 1-1/2 cups vanilla ice cream
- Place ingredients blender. Blend until well combined.

Mocha Mudslide Milkshake

- 1 cup m
 - 2/3 cup sliced ripe bananas
 - 2 tsp sugar
 - 1 tsp instant coffee
 - 1/4 cup vanilla low-fat yogurt
- Place the milk, banana, sugar and coffee granules in a blender and blend until well combined. Freeze in a blender container for 1 hour or until slightly frozen. Loosen frozen mixture from the sides of blender container, add yogurt and blend until smooth. Garnish with banana slices.

Banana-Mango Milkshake

- 1 whole mango
- 1 whole banana
- 2 scoops vanilla ice cream
- 1 1/4 cup milk

- 1 tablespoon sugar
- Peel and pit mango. Peel banana. Place all ingredients into blender and blend until well combined.

Cafe Latte Milkshake

- 1-1/2 cups cold coffee
 - 2 scoops vanilla ice cream
 - 2 tablespoons chocolate syrup.
- Place all ingredients into blender and blend until well combined.



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