



PARKER TOWER

Monthly News

Volume 18 Issue 12

January 2021

PROPERTY MANAGEMENT

Manager
Assistant Manager Anna Lopez

ASSOCIATION OFFICERS

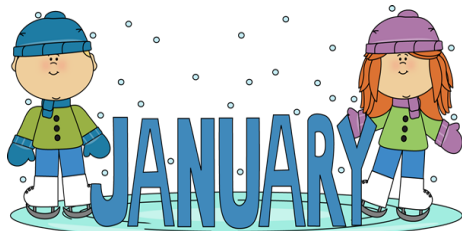
President Luis Pompa
Vice President Elisa Scemama
Treasurer Elvira Borrego
Secretary Zev Cohen
Director Maryann Sajor
Director Filomena De Freitas
Director Joseph Rosado

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PARKER TOWER CONDOMINIUM

3140 South Ocean Dr.
Hallandale Beach, FL 33009
www.ParkerTower.org



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2021
Happy New Year

January Birthdays and Anniversaries

BIRTHDAYS

UNIT#	NAME	DATE
1601	Joseph Kachkovsky	1-Jan
906	Margarita Tarnavsky	2-Jan
2012	Suzanna Ilkovitch	6-Jan
2504	Miquel Pascual	7-Jan
307	Igor Medge	10-Jan
1703	Enrique Fortune	18-Jan
2310	Miles Katzman	21-Jan
1203	Mira Mullaev	25-Jan
909	Alicia Tavella	31-Jan



ANNIVERSARIES

Judith & Jaime Flasterstein 22-Jan

SOUPS & STEWS FOR COLD WINTER DAYS

Cheese and Broccoli Chicken Soup

1/2 cup butter
1 cup all-purpose flour
11 cups water
3 cubes chicken bouillon
6 ounces boneless chicken breast, cut into 1/2 inch chunks
2 heads fresh broccoli, trimmed and chopped
1-1/2 teaspoons salt
1 teaspoon ground black pepper
1 cup light cream
3 cups shredded Cheddar cheese

Melt butter over medium heat in a 5-quart pot. Add the flour, stirring constantly until a thick paste forms. Remove mixture from pot and set aside. In the same pot, combine the water, bouillon cubes, chicken, broccoli, salt, and pepper. Bring to a boil over high heat. Reduce heat to medium low and

simmer for 45 minutes or until broccoli is tender. Stir in flour mixture a little at a time until soup thickens. Simmer an additional 5 minutes. Reduce heat and stir in cream. Mix well. Add cheese one cup at a time. Your soup is now ready to serve. Makes 5 servings.

Crock Pot Vegetarian Chili

1 (11 ounce) can condensed black bean soup
1 (15 ounce) can kidney beans, drained and rinsed
1 (15 ounce) can garbanzo beans, drained
1 (16 ounce) can vegetarian baked beans
1 (14.5 ounce) can chopped tomatoes in puree
1 (15 ounce) can whole kernel corn, drained
1 onion, chopped

1 green bell pepper, chopped
2 stalks celery, chopped
2 cloves garlic, chopped
1 tablespoon chili powder
1 tablespoon dried parsley
1 tablespoon dried oregano
1 tablespoon dried basil

Place all the ingredients in a crock pot. Stir well and cook for at least two hours on a high setting. Makes 8 servings.





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Honoring Martin Luther King, Jr.

Since the age of 17, Martin Luther King was a Baptist minister who dedicated his entire adult life to fighting racism and segregation in the United States. Influenced by Gandhi's example of nonviolent persuasion, he organized peaceful boycotts and demonstrations, including the Montgomery Bus Boycott in 1955. In 1963, King headed a massive civil rights campaign in Birmingham, Alabama. This crusade was followed by major drives for voter registration, desegregation, and better housing and education in the South. Honoring his hard work and fortitude in the civil rights movement, King was awarded the Nobel Peace Prize in 1964. On April 4, 1968 he was assassinated in Memphis, Tennessee. Since 1986 the third Monday in January has been designated a legal holiday to honor this man of peace.



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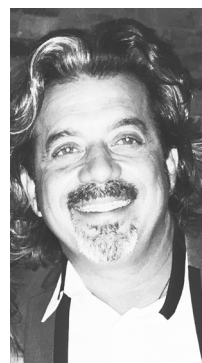
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