



Volume 11 Issue 10

A Newsletter for the Residents of The Mar Del Plata Condominium

January 2021

Mar Del Plata
Condominium Assoc., Inc.
6423 Collins Avenue
Miami Beach, Florida 33141
<http://mardelplatamiamibeach.com>

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TreasurerErnesto Marcos
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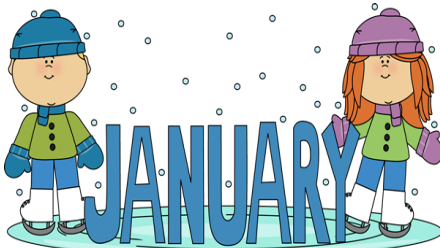
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OFFICE HOURS

Monday-Friday ... 7:30 AM - 4:30 PM



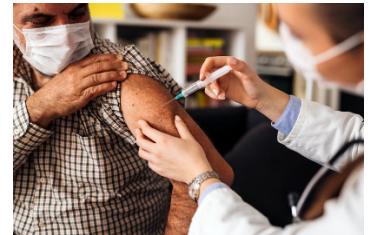
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CORONAVIRUS COVID-19

Vaccination Information & Appointments

Miami-Dade County and the Florida Department of Health in Broward County have begun COVID-19 vaccination opportunities for seniors age 65 and over. Get detailed information and schedule an appointment at a location convenient for you at miamidade.gov/vaccine, browardcovidvaccine.com or broward.org/CoronaVirus.



Covid-19 Testing

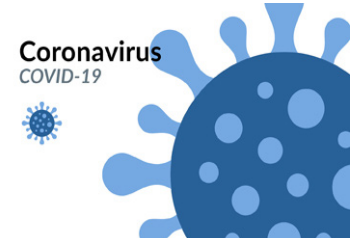
Do you think you may need to get tested for Covid-19? Miami-Dade County has a list of testing sites available throughout the county. Find a location most convenient for you at miamidade.gov.



City's Operational Status Recap

Stay informed regarding City services and operations. The City follows strict guidelines to keep its community safe. Updates are provided as necessary on the City's designated Coronavirus web page. Visit cityofventura.com/coronavirus.

Coronavirus
COVID-19



Covid-19 Assistance Programs

Miami-Dade County along with partner organizations have developed assistance programs to help those affected by the Covid-19 pandemic. If you are in need of assistance, visit miamidade.gov/covidhelp for more information and resources.



Honoring Martin Luther King, Jr.

Since the age of 17, Martin Luther King was a Baptist minister who dedicated his entire adult life to fighting racism and segregation in the United States. Influenced by Gandhi's example of nonviolent persuasion, he organized peaceful boycotts and demonstrations, including the Montgomery Bus Boycott in 1955. In 1963, King headed a massive civil rights campaign in Birmingham, Alabama. This crusade was followed by major drives for voter registration, desegregation, and better housing and education in the South. Honoring his hard work and fortitude in the civil rights movement, King was awarded the Nobel Peace Prize in 1964. On April 4, 1968 he was assassinated in Memphis, Tennessee. Since 1986 the third Monday in January has been designated a legal holiday to honor this man of peace.



Commissioner
Eileen Higgins
District 5



"During these challenging times, rest assured that my office is here to listen to your concerns and connect you to the services and resources you need from Miami-Dade County."

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www.miamidade.gov/district05

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District5@miamidade.gov

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COVID-19 RELIEF

See a full list of relief programs for individuals and businesses at bit.ly/covid19reliefprograms

SAFETY FIRST

Ensure your safety by social distancing, washing your hands, and wearing a mask.

STAY INFORMED

Get most recent D5 updates by emailing district5@miamidade.gov.

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TOASTING TO A NEW YEAR

Toasts have existed for almost as long as drinking itself. To help you bring in the New Year properly, here are some great Irish toasts.

- In the New Year, may your right hand always be stretched out in friendship but never in want.
- May you be in heaven a full half hour before the devil knows you're dead.
- May you be poor in misfortune, rich in blessings, slow to make enemies, quick to make friends. But rich or poor, quick or slow, may you know nothing but happiness from this day forward.
- May the roof above us never fall in, and may we friends gathered below never fall out.
- Here's to you and yours and to mine and ours, and if mine and ours ever come across you and yours, I hope you and yours will do as much for mine and ours as mine and ours have done for you and yours.
- May you have warm words on a cold evening, a full moon on a dark night, and the road downhill all the way to your door.
- May the Lord keep you in his hand and never close his fist too tight on you.



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SOUPS & STEWS FOR COLD WINTER DAYS

Cheese and Broccoli Chicken Soup

1/2 cup butter
1 cup all-purpose flour
11 cups water
3 cubes chicken bouillon
6 ounces boneless chicken breast, cut into 1/2 inch chunks
2 heads fresh broccoli, trimmed and chopped
1-1/2 teaspoons salt
1 teaspoon ground black pepper
1 cup light cream
3 cups shredded Cheddar cheese

Melt butter over medium heat in a 5-quart pot. Add the flour, stirring constantly until a thick paste forms. Remove mixture from pot and set aside. In the same pot, combine the water, bouillon cubes, chicken, broccoli, salt, and pepper. Bring to a boil over high heat. Reduce heat to medium low and simmer for 45 minutes or

until broccoli is tender. Stir in flour mixture a little at a time until soup thickens. Simmer an additional 5 minutes. Reduce heat and stir in cream. Mix well. Add cheese one cup at a time. Your soup is now ready to serve. Makes 5 servings.

Crock Pot Vegetarian Chili

1 (11 ounce) can condensed black bean soup
1 (15 ounce) can kidney beans, drained and rinsed
1 (15 ounce) can garbanzo beans, drained
1 (16 ounce) can vegetarian baked beans
1 (14.5 ounce) can chopped tomatoes in puree
1 (15 ounce) can whole kernel corn, drained
1 onion, chopped
1 green bell pepper, chopped
2 stalks celery, chopped
2 cloves garlic, chopped
1 tablespoon chili powder

1 tablespoon dried parsley
1 tablespoon dried oregano
1 tablespoon dried basil

Place all the ingredients in a crock pot. Stir well and cook for at least two hours on a high setting. Makes 8 servings.



45 DAY LISTING AGREEMENT!

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