Volume 19 Issue 4 January 2021

# PROPERTY MANAGEMENT The Royal Management Group

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## **OFFICE HOURS**

Mon - Fri...... 8 AM - 4 PM

## LA COSTA CONDOMINIUM

5333 Collins Avenue Miami Beach, FL 33140





# **CORONAVIRUS COVID-19**

# **Vaccination Information & Appointments**

Miami-Dade County and the Florida Department of Health in Broward County have begun COVID-19 vaccination opportunities for seniors age 65 and over. Get detailed information and schedule an appointment at a location convenient for you at <a href="mailto:miamidade.gov/vaccine">miamidade.gov/vaccine</a>,

browardcovidvaccine.com or broward.org/CoronaVirus



#### **Covid-19 Testing**

Do you think you may need to get tested for Covid-19? Miami-Dade County has a list of testing sites available throughout the county. Find a location most convenient for you at miamidade. gov.

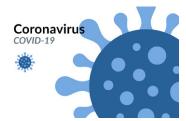


# **City's Operational Status Recap**

Stay informed regarding City services and operations. The City follows strict guidelines to keep its community safe. Updates are provided as necessary on the City's designated Coronavirus web page. Visit cityofaventura.com/coronavirus.



Miami-Dade County along with partner organizations have developed assistance programs to help those affected by the Covid-19 pandemic. If you are in need of assistance, visit miamidade.gov/covidhelp for more information and resources.







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# SOUPS & STEWS FOR COLD WINTER DAYS

# Cheese and Broccoli Chicken Soup

1/2 cup butter

1 cup all-purpose flour

11 cups water

3 cubes chicken bouillon

6 ounces boneless chicken breast, cut into 1/2 inch chunks

2 heads fresh broccoli, trimmed and chopped

1-1/2 teaspoons salt

1 teaspoon ground black pepper

1 cup light cream

3 cups shredded Cheddar cheese

Melt butter over medium heat in a 5-quart pot. Add the flour, stirring constantly until a thick paste forms. Remove mixture from pot and set aside. In the same pot, combine the water, bouillon cubes, chicken, broccoli, salt, and pepper. Bring to a boil over high heat. Reduce heat

to medium low and simmer for 45 minutes or until broccoli is tender. Stir in flour mixture a little at a time until soup thickens. Simmer an additional 5 minutes. Reduce heat and stir in cream. Mix well. Add cheese one cup at a time. Your soup is now ready to serve. Makes 5 servings.

# **Crock Pot Vegetarian Chili**

1 (11 ounce) can condensed black bean soup

1 (15 ounce) can kidney beans, drained and rinsed

1 (15 ounce) can garbanzo beans, drained

1 (16 ounce) can vegetarian baked beans

1 (14.5 ounce) can chopped tomatoes in puree

1 (15 ounce) can whole kernel corn, drained

1 onion, chopped

1 green bell pepper, chopped

2 stalks celery, chopped

2 cloves garlic, chopped

1 tablespoon chili powder

1 tablespoon dried parsley

1 tablespoon dried oregano

1 tablespoon dried basil

Place all the ingredients in a crock pot. Stir well and cook for at least two hours on a high setting. Makes 8 servings.





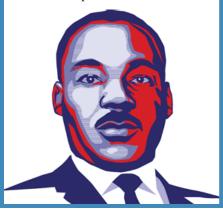


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# **Honoring Martin** Luther King, Jr.

Since the age of 17, Martin Luther King was a Baptist minister who dedicated his entire adult life to fighting racism and segregation in the United States. Influenced by Gandhi's example of nonviolent persuasion, he organized peaceful boycotts and demonstrations, including the Montgomery Bus Boycott in 1955. In 1963, King headed a massive civil rights campaign in Birmingham, Alabama. This crusade was followed by major drives for voter registration, desegregation, and better housing and education in the South. Honoring his hard work and fortitude in the civil rights movement, King was awarded the Nobel Peace Prize in 1964. On April 4, 1968 he was assassinated in Memphis, Tennessee. Since 1986 the third Monday in January has been designated a legal holiday to honor this man of peace.



# Commissioner **Eileen Higgins** District 5



www.miamidade.gov/district05 305-375-5924 District5emiamidade.gov



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## **COVID-19 RELIEF**

## **SAFETY FIRST**

## **STAY INFORMED**





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