

# The Plaza of Bal Harbour Monthly News



*A Newsletter for the Residents of The Plaza of Bal Harbour Condominium*

Volume 5 Issue 1

January 2011



**Condominium Association, Inc.**  
10185 Collins Avenue  
Bal Harbour, Florida 33154

## ASSOCIATION OFFICERS

**President** ..... Ralph Herz  
**Vice President** .... Patricia Tumpson  
**Treasurer** ..... Bert Reifer  
**Secretary** ..... David Kwiat  
**Director** ..... Catherine Del Castillo  
**Director** ..... Carol Garguilo  
**Director** ..... Mark Randolph

## PROPERTY STAFF

**Property Manager** ..... Orlando Vega  
**Chief Engineer** .... Gustavo Aliminaque  
**Asst. to Manager** .... Shirley Elledge  
**Bookkeeper** ..... Gloria Garcia



## IMPORTANT NUMBERS

**Main** ..... 305-865-0535  
**Fax** ..... 305-868-4415  
**Security** ..... 305-865-0535 ext. 206

## OFFICE HOURS

**Monday-Friday** ..... 9 AM - 12:30 PM  
1:30 PM - 5 PM

## From the President

For 2011, returning elected Board members are :

**Ralph Herz: President**  
**Patricia Tumpson: Vice President**  
**Bert Reifer: Treasurer**  
**Catherine Del Castillo: Director**  
**Carol Garguilo: Director**

Newly elected members are:

**David Kwiat: Secretary**  
**Mark Randolph - Director**

During the first week of January, we held a comprehensive planning session with our contractors. Participating were our Vice President, Treasurer and Property Manager. We requested the creation of a newly drawn **Critical Path Chart** commonly called a **CPM**. The CPM diagrams the sequence of activities that must be completed

on schedule for all the projects to be completed on time. The importance of completing in a timely fashion and within budget was strongly emphasized.

Construction of the pump room begins immediately. We have received approval from the Bal Harbour authorities, which followed Miami-Dade County's approval allowing construction of the Fire pump station and ancillary work. I have requested that the engine and pump be tested at this time, before the pump room is completed. Beyond that, once the system is energized, the engine/pump unit must provide appropriate pressure (psi) at maximum building height as mandated by the fire department.

*Continued on page 2*

## Plaza of Bal Harbour Newsletter

If you have anything special you would like to share with the residents of the Plaza of Bal Harbour Condominium, please let the manager know by the 15<sup>th</sup> of each month so we can include it in the following month's newsletter.

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**President's Message** (cont. from page 1)

On another note, we will shortly begin design work for the social room. Preparation for installing the new roof will also begin..

Project and operational information will be presented by our Property Manager, Orlando Vega, at the upcoming Board meeting planned for January 19, 2010. Other subjects will include employee job descriptions, employee training, as well as information on finalizing the new rules and regulations recently adopted by the Board, , employee training, and more.

We need unit owner volunteers with knowledge in all or any of the following areas:

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Volunteers may act in a committee setting or as advisors to the Board, depending on the total number. If you can contribute, please contact the Property Manager or me.

Thank you.

**Ralph Herz**

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# T'was the Month After Christmas

T'was the month after Christmas,  
and all through the house,  
nothing would fit me, not even a  
blouse;

The cookies I'd nibbled, the  
eggnog I had to taste,  
at the holiday parties had gone to  
my waist;

When I got on the scales there  
arose such a number!

When I walked to the store (less a  
walk than a lumber),

I'd remember the marvelous meals  
I'd prepared,

The gravies and sauces and beef  
nicely rared;

The wine and the rum balls; the

bread and the cheese,  
and the way I'd never said, "No  
thank you, please."

As I dressed myself in my  
husband's old shirt,  
and prepared once again to do  
battle with dirt,

I said to myself, as only I can,  
"You can't spend a winter  
disguised as a man!"

So, away with the last of the sour  
cream dip.

Get rid of the fruit cake, every  
cracker and chip.

Every last bit of food that I like  
must be banished,  
'til all the additional ounces have  
vanished.



I won't have a cookie--not even a  
lick.

I'll want only to chew on a long  
celery stick.

I won't have hot biscuits, or corn  
bread, or pie,

I'll munch on a carrot and quietly  
cry.

I'm hungry, I'm lonesome, and life  
is a bore,

But isn't that what January is for?  
Unable to giggle, no longer a riot.  
Happy New Year to all and to all a  
good diet!

Author Unknown



## PATRICK JAIMEZ

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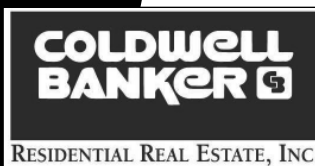
**Island Pointe Condo**  
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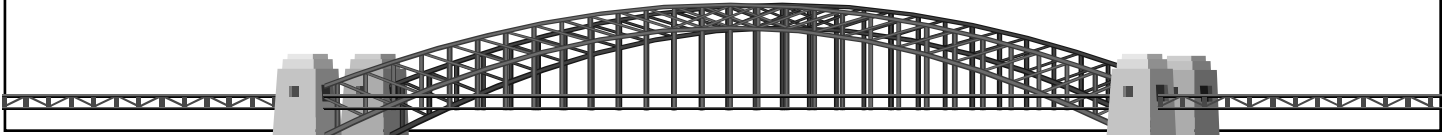
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## Bridge Across the Water

On New Year's Day, 1914, a fellow called Tony Janus started the world's first passenger-carrying airline when he flew from St. Petersburg, Florida, to Tampa, just 19 miles across Tampa Bay. Since the plane, a flying boat, flew only 15 feet above the water, his only fare-paying passenger got a real bird's eye view of the bay! That passenger was prominent citizen of the area, George Gandy. Today there is a bridge named after him across Tampa Bay, which raises the inevitable question: did Mr. Gandy really enjoy his flight?



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## Dealing with the Flu

It's that time of year again! Flu season is here. Each year as many as 30 million people contract the flu in the United States, leading to 20,000 deaths a year. At most risk are the elderly, those with chronic disease like diabetes, asthma, or heart disease, and infants.

The flu is like a cold in many ways. Both are respiratory infections, but the symptoms can vary. A fever, general aches and pains, and fatigue usually accompany the flu. You may also experience a sore throat, coughing or sneezing. If a cold is misdiagnosed as the flu, there is usually no problem. But the flu misdiagnosed as a cold can possibly lead to serious complications like pneumonia being overlooked. If you have any symptoms of the flu, you should contact your doctor as soon as possible.



There is no cure for the flu, but there are things you can do to make yourself more comfortable during the duration. The best course of action in dealing with the flu is to get plenty of rest and drink lots of fluids. Fever can be treated with acetaminophen. Be sure to talk to your doctor to get advice about using a decongestant/antihistamine to treat nasal congestion. Antibiotics have no effect on the flu because it is caused by a virus.

And what about chicken soup? Well, it can't hurt! Although it doesn't cure anything, it can soothe a sore throat, clear clogged passageways, and hydrate you. It is good TLC at a difficult time.

If you do find that you are suffering from the flu, consider getting the flu shot next year. These are generally given in the fall, and must be received each year, as the strains of flu vary from year to year. In the meantime, remember that time and rest are the best cures of all for flu sufferers.

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# January Health Tip WATER DOWN YOUR CALORIES

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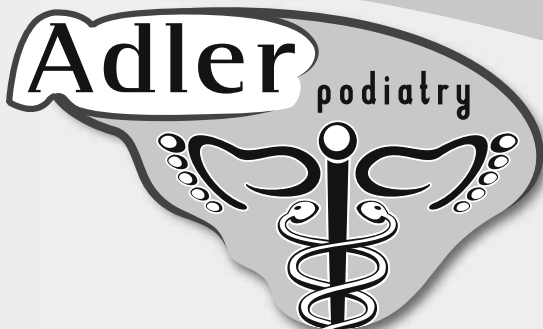
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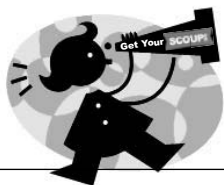
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